

Is your child or a child you love suffering with
mental illness?

Finally, a FREE class just for you.

BASICS

NAMI Basics helps parents and other family caregivers of children to understand the illnesses that are causing those behavioral difficulties, and the critical role families play in the treatment of those illnesses. The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties prior to age 13.

“NAMI Basics bridges the gap. It provides help that can’t be found in a doctor’s office.”



Class begins

Spring & Fall Classes

Thursday's 5:30 – 8:00 pm

125 East 18th Street, Merced (small red school building)

***For more information 209-789-NAMI (6264) or email
namimerced2@gmail.com***

NAMI BASICS CLASS SCHEDULE

<p style="text-align: center;"><u>Class 1</u></p> <p>It's not your fault – mental illnesses are brain disorders</p>	<p style="text-align: center;"><u>Class 2</u></p> <p>The biology of mental illness and getting an accurate diagnosis</p>
<p style="text-align: center;"><u>Class 3</u></p> <p>Treatment</p>	<p style="text-align: center;"><u>Class 4</u></p> <p>Objective and subjective family burden</p>
<p style="text-align: center;"><u>Class 5</u></p> <p>Overview of the systems your child may be involved with: Mental Health, School, Juvenile Justice</p>	<p style="text-align: center;"><u>Class 6</u></p> <p>Advocacy, Review, Sharing</p>



“This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all.”

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Please note: Facilitators are not counselors and do not recommend health care providers, treatment programs, or medications. However, they will direct participants to mental health resources available throughout Merced County.